## JANUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDA
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EEC Lunch (NNC)
MENUS ARE SUBJECT TO CHANGE

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WINTER REC	CESS — Happ	y Holidays	1-2 WG Pepperoni Pizza Wedge Ruffle Fries Frozen Juice Slush	1-3 Turkey Burger Broccoli Buds Fruit Cup	
1-6 Whole Grain Cheese Pizza Wedge - <b>V</b> Ruffle Fries Fruit	1-7 Beef & Cheese Taco Burrito Tangy Salsa Cup Frozen Fruit Juice	1-8 Salisbury Steak with Gravy Aloha Roll Fresh Garden Salad Fruit	1-9 Mama's Meatball Sub Cooked Baby Carrots Fruit	1-10 All American Burger Waffle Cut Fries Fruit Cup	
Garlicky Cheese Bread -V  Marinara Sauce Cup  Fruit Cup	1-14 Turkey Burger Fresh Garden Salad Frozen Juice Slush	1-15 Taco Bean Dip Cornbread Tangy Salsa Cup Fruit	1-16 Philly Steak & Cheese Pinwheel Waffle Cut Fries Fruit Cup	1-17 Teriyaki Beef Dipper Rice Bowl Cooked Baby Carrots Fruit	
MARTIN LUTHER KING, JR. DAY	1-21 Cheese Burger Sliders Ruffle Fries Frozen Juice Slush	1-22 Beef & Cheese Taco Burrito Tangy Salsa Cup Fruit	1-23 WG Pepperoni Pizza Wedge Fresh Garden Salad Fruit Cup	1-24 Café LA Burger or All Americana Burger Waffle Cut Fries Frozen Peach Pop	
Garlicky Cheese Bread -V Cooked Baby Carrots Fruit Cup	1-28 Turkey Burger Fresh Garden Salad Frozen Juice Slush	1-29 Philly Steak & Cheese Pinwheel Cooked Baby Carrots Fruit	1-30 Mama's Meatball Sub Ruffle Fries Fruit Cup	1-31 Salisbury Steak with Gravy Aloha Roll Fresh Garden Salad Fruit	

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

All of the Grain/Bread items served are Whole Grain Rich.

V: Vegetarian items

\*\*Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich

Posted 12/9/19